



# Frequently Asked Questions

## **Q: What is the make-up Policy?**

A: SGC allows 1 make-up per session. All Make-Ups are held on the last day of every session.

## **Q: What does my gymnast wear to class?**

A: Gymnasts need to be barefoot. Girls can wear leotards or tight-fitting clothing. Boys can wear t-shirts and shorts. Hair needs to be pulled back and no jewelry.

## **Q: Do you offer a military discount?**

A: Yes, SGC appreciates our military families. We offer a 10% discount off tuition only. Must show ID and be in the same household as gymnast.

## **Q: Can I stay and watch my gymnast?**

A: We have an open observation policy meaning parents are relative can observe their child's class at any time. We also stream a video to one of the parent area's two TVs for better viewing of the pit area.

## **Q: Can I go in the gym with my gymnast?**

A: Parents are only allowed in the gym for the Bouncing Babies class, Gym Explorers and Birthday Parties if your child is under 5.

## **Q: My child is interested in pre-team or team, what do I do?**

A: We are always looking for new gymnasts to add to our team program. Please contact our office for more information

## **Q: What is the difference between Gymnastics and Tumbling Classes?**

A: Gymnastics classes focus on bars, beam, floor and vault. Tumbling classes focus on floor and trampoline.

## **Q: Do you offer discounts for more than 1 child?**

A: Yes, SGC offers a 10% discount for your 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> child, etc.

## **Q: What are your instructor qualifications?**

A: All SGC instructors have passed a Background Check, are USAG Members, Safety and Instructor certified.

## **Q: What if my child gets hurt or changes their mind about their class, will I receive a refund?**

A: Yes, SGC will refund the remaining portion of your tuition NO questions asked.

## **Q: Do you offer free trial classes?**

A: No, SGC doesn't offer trial classes. However, we are so confident in our program, we will provide a refund if you are unhappy after your first class.

## **Q: Should I expect my child to move to the next level after one session?**

A: Every gymnast is different. Most gymnasts stay in one level for multiple sessions.

## **Q: Will my child be evaluated?**

A: Yes, all gymnasts will be evaluated in week 6 or 7 of every session.

## **Q: What class do I sign my gymnast up for?**

A: Our preschool program is age based which means you sign your child up for the class for his/her age group. Our School Age Program is skill based. If your child has gymnastics experience, please contact us for a free placement evaluation. All gymnasts NEW to gymnastics should start in the Introduction to Gymnastics class.